

Looking within

- Women's retreat in the Pacific Palisades October 11-13th 2019



In the deepest part of our being lies the seed of pure Love and deep Passion.

The search for Truth calls us to this; calls us within!

Realizing our True Nature is the end of suffering and the birth of a life lived with more grace and ease. The Truth of who we are dissolves the division between fullness and emptiness, darkness and light, offering us the discovery of what it means to be Human Beings, living in the inclusion of every aspect of Life – as our sacredness, humanness and beingness – all in one, all in love.

In this retreat I am inviting you on a journey that will allow you to step into your full power and presence as a woman, while connecting with The Love, playfulness and Creativity that is innate in you.

Join me for a weekend of exploring together what it means to look within and Come Home to the space that we all long to reside in!

The retreat will start Friday October 11th at 5pm with an introductory evening with cheese & wine and we will end at 8pm.

Saturday October 12th, we start at 9.30am break for lunch at 12.30pm and continue from 2-5pm.

Sunday October 13th, we start again at 9.30am break for lunch at 12.30pm and continue at 2pm and end at 4pm. Lunch, coffee, tea and snacks are included in this retreat. The retreat cost is \$450 and there is a limited number of spaces as we will be in a private home. Contact me by emailing me here: nswordloff@gmail.com

