

# Coming Home

CONNECTING TO OUR INNER **WELL-BEING**  
A public workshop with **international speakers**

NATASHA  
SWERDLOFF

DICKEN  
BETTINGER

February 1 - 3  
**2019**

Hotel Best Western Plus  
**San José, Costa Rica**

EARLY BIRD DISCOUNT: \$285  
(till October 31st)

REGULAR EVENT FEE: \$320

FOR MORE INFORMATION:  
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•Event organizer•

•Co-sponsorship•



*Alexandra  
Céspedes*

